

Online

Young Adult Track (YA) | IN PROGRESS

The Vision of St. John Paul II in inaugurating World Youth Day, developed into a decades-long challenge to the Church to call each generation of youth and young adults to the heights of sainthood. This apostolate to the future is at the heart of renewal. This track offers a three-part set of workshops targeted to the unique world of the young adult, ages 18-35. Any effort to evangelize and make disciples of young adults must start with a carefully-formed Catholic worldview and a genuine missionary mindset. Workshops explore three essential elements for developing and growing in faith as a young adult, and effective guidance for those in ministry to this age group. Particular attention is given to sustained long-term growth in the spiritual life, not just short-term gains.

Forming those who form others.

Rejoice, O young man, in your youth, and let your heart cheer you in the days of your youth. Walk in the ways of your heart and the sight of your eyes. But know that for all these things God will bring you into judgement.

ECCLESIASTES 11:9



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Please note that a few of these workshops are still in development and are not yet available for use.

Trusting God as a Young Adult

Knowing God

1. The Trinity
2. The Father: Origin and Desire of All
3. Following Jesus: The Challenge of Discipleship
4. Holy Spirit, Converter of Hearts
5. Introduction to the Old Testament
6. Introduction to the New Testament

Knowing God's Way

1. The Sacramental Economy
2. Sacred Scripture: The Big Picture
3. Pedagogy of Revelation and Response to Faith
4. Praying with Scripture: Lectio Divina
5. The Deposit of Faith: An Introduction to the Catechism
6. An Introduction to Objective Truth

Discovering God's Call as a Young Adult

Knowing Myself

1. The Human Person in God's Loving Plan
2. A Foundational Vision: The Role of the Laity
3. Personal Spirituality and the Call to Holiness
4. A Foundational Vision: Theology of the Body
5. Overcoming Obstacles in Discernment
6. Dealing with Crisis and Conflict from a Christian Perspective

Seeking My Vocation

1. The Universal Call to Holiness
2. Vocational Spirituality
3. Vocational Discernment for Young Adults
4. A Foundational Vision: The Community of the Family
5. Theology of Religious Life
6. An Introduction to Spiritual Combat

Campus Ministry Certificate

Foundations

1. Being Guided and Guiding Souls
2. Conversion in Modern Culture

Additional workshops to be announced

Culture & Context

Additional workshops to be announced

Formation of Young Adults

1. The Kerygma: Key Doctrines
2. Discipling Adults
3. Spiritual Accountability

Interested in more?

See a full list of our tracks here: <https://franciscanathome.com/tracks-and-workshops#by-tracks>

See a full list of our workshops here: <https://franciscanathome.com/tracks-and-workshops#alphabetically>

- ◆ A Guide to Echoing the Mystery: Unlocking the Deposit of Faith in Catechesis
- ◆ A Step Beyond: Engaging Young People Through Events
- ◆ Adult Catechetical Methodologies and Learning Styles
- ◆ Analyzing Doctrine with Doctrinal Keys
- ◆ Building the Mentoring Relationship: Asking Good Questions
- ◆ Building the Mentoring Relationship: Empathic Listening
- ◆ Catholic Social Teaching
- ◆ Essential Link Between Liturgy and Catechesis
- ◆ Giving Counsel and Pastoral Care
- ◆ Jesus: The Christocentricity of Catechesis
- ◆ Living the Faith as Wife and Mother
- ◆ Mentoring in Ministry
- ◆ Personal Vocation and the Mentoring Relationship
- ◆ Teaching Catechesis for Conversion
- ◆ Ten Commandments and Beatitudes
- ◆ The Family as the Context of Catechesis
- ◆ The Kerygma: Key Doctrines
- ◆ The Kerygma: Delivering the Gospel Proclamation
- ◆ Theology of the Family
- ◆ Understanding the Liturgy

...and many more!